



BEAUTY, LASER
& AESTHETIC
RETREAT
PRICE LIST
2014

Set Your Inner Beauty Free

BEAUTY RETREAT

Thank you for taking the time to learn more about Butterflies. As the founder of Butterflies my aim was to create a tranquil haven where each client receives an individual experience that is exclusive to them. Every treatment at Butterflies is based on evolving techniques. My hand picked therapists are highly trained and work naturally, to ensure each client receives an exceptional treatment at an affordable price.

My hope is that once you've experienced the Butterflies effect, you will wish to return time after time.

Elemis

DECLÉOR
PARIS

PRIORI



bareMinerals
By BARE ESSENTIALS

Sienna
PROFESSIONAL SPRAY TAN

 **CACI**
NON SURGICAL SOLUTIONS


nailtiques

Medik8
SKINCARE BIOTECHNOLOGY™

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GIFT VOUCHERS

Available in any amount or treatment, they can be collected or delivered.

MAIL ORDERS

A mail order service is available for all our retail products and payment can be taken over the phone by credit or debit card.

APPOINTMENTS

At butterflies we work by appointment only 9-8 Monday to Friday and 9-4 Saturday, opening hours may vary due to client demand so please phone before hand to avoid disappointment.

CANCELLATION

In the interest of providing a professional service a 50% fee will be charged for non-arrivals or cancellation without 24 hours notice.

Butterflies Beauty Retreat

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FACIAL SKIN CARE

Instant Beauty Boost

30 mins - **£20**

From an educational facial for beginners to deep cleansing, this facial is a mini skin revival that will leave you glowing.

Heavenly Hour

60 mins - **£40**

Indulgent restoration of the skins natural balance.

Heavenly Experience

75 mins - **£50**

Advanced masks offering a solution for the more challenged skin types.

Heavenly Expert

75 mins - **£60**

A new complexion with the very latest in clinically proven anti-ageing.

Deep Cleansing Steam

extra 15 mins - **£10**

Clean out and unblock even the most stubborn of pores.

Vital Eyes

30 mins - **£20**

Soothing ritual for the eye and lip area, helping to drain away puffiness, dark circles and plump out fine lines.

or as an addition to any facial

15 mins - **£10**

Caci Non-Surgical Face Lift

The award winning treatment, with over 20 years of medical research it has an unsurpassed reputation and celebrity following. Lifts and firms sagging facial contours, effectively softening fine lines and wrinkles

Per Treatment/Maintenance 60 mins - **£35**

Course of 12 Treatments **£350**

Eye Booster Extra **£10**

Collagen Plumping Mask extra **£12**

COSMETIC PEELS

Please book a complimentary consultation two weeks prior to your first treatment during which you will be advised on the most suitable peel and preparation product. Depending on your lifestyle and skin type, weekly peels over four-six weeks will maximise results.

Glycolic Peel

up to 30 mins - **£35**

Ideal for mild sun damaged/ problem or normal skin in need of a deep cleanse.

Alpha/Beta Peel

up to 30mins - **£45**

Combined Glycolic and Salicylic helps to correct thick, acne prone, scarred, clogged and oily skin.

Advanced AHA Peel

upto 30 mins - **£35**

increases dermal moisture levels whilst stimulating collagen and elastin. Helps revitalise dry, mature, sun-damaged and problem prone skins. Effectively minimises fine/ medium lines and wrinkles.

Idebenone Peel

upto 30 mins - **£45**

Provides dramatic and visible results for individuals with advanced signs of ageing and pigmentation, with immediate skin radiance, softness and luminosity, it reduces the appearance of fine lines, wrinkles and photo damage with **HUUUUUGE age-prevention benefits.**

PRIORI Forte Chemical Peel

upto 30 mins - **£75-85**

Medical-strength peels that use 50-75% lactic acid,they offer advanced exfoliation, normalise skin renewal rates, plump and hydrate from within and decrease signs of ageing. There is some mild tingling that isn't painful and no down time is required as with other chemical peels. The results are that wrinkles, open pores and scarring appear visibly reduced and skin becomes more radiant and firmer.

WRINKLE RELAXING INJECTIONS

Butterflies Aesthetics offers the very best of both worlds, with a doctor prescribing and the expertise and skill of an aesthetician administering.

Used to smooth out negative expression lines, such as frown, forehead lines, crow's feet and bunny lines. Our aim is a natural look that softens lines not expressionless or frozen.

1 Area £150

2 Areas £200

3 Areas £250

Liquid face lift/Nefertiti neck lift

from **£350**

These injections can also be used to lift and sculpt the brow, jaw line and neck; combined with dermal fillers and other specialised treatments you can achieve exceptional results.

Excessive sweating

£450

A quick, safe and painless way to reduce sweating with noticeable results within 2 weeks and lasting up to 18 months

DERMAL FILLERS

Dermal fillers can provide you with a fresher more youthful look, smoothing out lines and restoring natural contours. The fillers we use are formed from a naturally occurring substance and are extremely safe to use plus with the advanced cannula technique and anaesthetics, discomfort and bruising are fast becoming a thing of the past.

The treatments takes around 30 mins and will have an instant result that will last between 6-18 months dependant on product choice and skin type

This treatment can be used to correct:

- Thin or lined lips
- Nose to mouth lines
- Forehead or frown furrows
- Down turned smile
- Sunken cheeks
- Puffy eyes or dark circles
- Aged hands

Dermal fillers are charged per syringe and prices will vary on amount used and product choice

An average spend is from
Liquid face lift with fillers

£150-£350
£750

MEDICAL GRADE IPL LASER

Patch test

£35

Permanent hair reduction

from £44

Visible results within 3 treatments, course of 6 recommended, suitable for both face and body.

Red vein removal

from £50

A solution to face and body thread veins, redness, flushing, rosacea and red spots.

Skin rejuvenation

from £100

For treatments of brown spots (pigmentation) and uneven skin texture. Stimulation of collagen and elastin make the skin firmer and more radiant with enlarged pores and fine lines reduced.

Active acne

from £95

Reduces the number and severity of lesions, inflammation and break outs.

MEDICAL GRADE MICRO NEEDLING

Clinically proven needling has the amazing ability to naturally stimulate collagen and elastin production, treating various conditions such as fine lines and wrinkles, stretch marks, acne scarring, open pores and hair loss.

Eyes or small area	£150	Course of three	£400
Head, face neck or chest	£250	Course of three	£650
Body or Multiple areas	£350	Course of three	£750

TIME OUT FOR MEN

The Deep Cleanse Steam - Face or back	30 mins - £20
Facial Fitness Deep cleansing and nourishment to combat daily aggressions such as shaving	60 mins - £40
Advanced Facial Fitness From time defence to the ultimate skin detox this group of facials are a complete revival for the tired and stressed man.	75 mins - £65
Aroma Back Deep Tissue Massage	30 mins - £25
Aroma Body Deep Tissue Massage	60 mins - £40
Lava Shell Aroma Back Therapy	30 mins - £35
Lava Shell Aroma Body Therapy Warmed lava shells melt away tension	75 mins - £65
Musclese Body Envelopment Powerful seaweed wrap for complete muscle relaxation.	75 mins - £40
Time Out Musclese body wrap, back massage and deep cleanse facial.	120 mins - £80
Total Time Out Musclese body wrap, lava shell body massage, deep cleanse facial and scalp massage.	150 mins - £100
Neck Wax	£10
Back or Chest Wax	£20
Callus Foot Peel	50 mins - £30

SPA & HOLISTICS

Reflexology	40 mins - £25
pressure points upon the feet help the body to restore a health balance.	
Tranquillity Scalp/Indian Head	30 mins - £25
A truly blissful treatment helping to release tension.	
Hopi Ear Candles	
A deeply relaxing treatment that helps to soothe sinus problems, earache, headaches, insomnia, tinnitus and a natural alternative to congested ear syringing.	
Reiki	60 mins - £35
A ancient Japanese technique for stress reduction and deep relaxation.	
Aroma Back Deep Tissue Massage	30 mins - £26
Aroma Body Deep Tissue Massage	60 mins - £42
Lava Shell Aroma Back Therapy	30 mins - £36
Warmed lava shells help to melt away tension	
Lava Shell Aroma Body Therapy	75 mins - £66
Exotic Lime and Ginger Salt Glow	45 mins - £35
Cleansed nourished and polished to perfection	
Exotic Frangipani Body Wrap	60 mins - £40
Warm coconut and frangipani drenching the skin with moisture.	
Exotic Coconut Rub and Milk Wrap	60 mins - £40
This opulent therapy is excellent for skin smoothing and softening	
Pregnancy Care	60 mins - £40
Relax as this safe and effective treatment adapt to suit your changing needs.	
Nurturing Massage for Mothers To Be	90 mins - £60
Connecting both mother and baby through this uplifting massage, relieves tension and swelling.	

SLIMMING & TONING

Shrinking violet body Wraps	per treatment	£55
Inch measured fat loss with clinical backing	course of 3	£150
	course of 6	£270
Lava Shell Colon Detox	30 mins	- £35
A natural alternative to colon cleansing		
Fennel Colon Cleansing	60 mins	- £50
Massage and wrap to release digestive discomfort, bloating and water retention.		
Aroma Spa Ocean Wraps	75 mins	- £40
Targeted treatments to detoxify cellulite or ease aching muscles.		



NON SURGICAL SOLUTIONS

Programmes for Slimming, Toning, Cellulite and Lymphatic Drainage. For best results a course of treatments is recommended.

CQCI Body Sculpting and Contouring	30 mins	- £18
	Course of 10 treatment	- £160
CQCI Lymph Body	Per treatment 45 mins	- £26
	Course of 4 treatments	- £95

PERFECT FLUTTER

A patch test will be required 24 hrs before your first tint or perm treatment.

Eyelash Tint 15 mins - **£8**

Eye Brow Tint/Trim or Wax 15 mins - **£8**

Highly Defined Brows 40 mins - **£25**

Create the ultimate in stunning brows.

LVL 60 mins - **£45**

The false lash effect created by your own lashes lasts up to 3 months.

Lavish Lash Extensions 90 mins - **£65**

Individual silk lashes, lasting 4-6 wks.

Lavish Lash maintenance 60 mins - **£35**

To maintain the full lash effect every 1-2 weeks

Party Lash 20 mins - **£25**

Stunning lashes that last up to 1 week

FLUFF CONTROL

Organic tea tree crème wax and specialist intimate wax help to prevent in growing hairs and reduces redness.

Lip or Chin **£7** **Half Leg** **£14** **Brazilian** **£20-30**

Bikini/Underarm **£10** **Full Leg** **£22** **Hollywood** **£20-30**

Forearm **£12** **Full Leg and Bikini** **£28** **Threading** **£15**

BEAUTIFULLY MADE

Enhance your natural beauty with 100% pure mineral make up providing impeccable coverage for every skin type. These silky smooth textures leave your skin feeling healthy, particularly helpful for sensitive and problem skin.

Make-Up Trial or for Day or Night	30mins	£30
Make-Up Lesson or Wedding Make-Up	60mins	£40
Mobile Wedding Make-Up (minimum 2 people) per person		£45

PERMANENT COSMETICS

Using pharmaceutical grade pigments that are placed into the dermal layer of the skin, the process can be used to enhance or correct your natural features or to create the look of perfectly applied make up. Permanent cosmetics are suitable for anyone who wants to look their best at all times, anywhere!

Hairstroke brows	£395	Eye Enhancement/Liner	£250-£450
Lip Enhancement	£395-£450	Beauty Mark	£50

All prices include one retouch procedure within 3 months of initial treatment.

Colour Boost/Maintenance (Recommended every 12-18months)	£195
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SUNRISE

We offer Sienna X or Decleor so your tan can be tailored to your choice, from a natural glow to a week in the tropics.

Classic Tan (with exfoliation)	60 mins - £35
Spray Tan	30 mins - £25
Weekly Top Up	20 mins - £15

SOLES

Maintenance Pedicure	25 mins - £14
File, buff and polish	
Pedicure	45 mins - £20
Luxury Pedicure	60 mins - £25
Paraffin or heated boots to ease aches and pains and control dry skin	
Callus Foot Peel (With pedicure)	60 mins - £30
Helps to break down and control dry/cracked and hardened skin.	
Elemis Sole Delight Foot Treat	30 mins - £25
	(With pedicure) 60 mins - £35

A total sensory experience for your feet as warmed aroma oils replenish and soften.

TEETH WHITENING

Professional Laser Teeth Whitening	£125
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PALMS

File and Polish	15 mins - £10
Mini Manicure	25 mins - £12
Nailtiques Manicure	40 mins - £18
French Manicure Polish	extra - £2
Luxury Manicure	60 mins - £25
Elemis Pro Collagen Hand Treat	30 mins - £25
Elemis Pro Collagenhand (with manicure)	60 mins - £40
Bio SculptureGel Nails	
No harmful chemicals and no damage to the natural nail. Available in a wide range of colours, it's the perfect solution for a non-chip polish that dries instantly.	
Nail Extensions	£40
Overlays/Infills	£25
Hands or feet, gives strength and flexibility to the natural nail, infill after 2-4 weeks	
Nail Repair	£3
Soak Off before overlays	£10
Soak Off and Enrichment	£18
Blixz and Trendy Wraps Nail Art	£20
Nail Wraps with Gel	£35
Nail Art	from - £1

PACKAGED PAMPERING

10 Years Younger the Makeover Plan

consultation Free

Face and Body Sensation

60 mins - **£60**

Aroma back Massage combined with an advanced booster facial

Body Nourishment

90 mins - **£65**

Exotic frangipani body wrap with aroma body deep tissue massage

Absolute Spa Ritual

90 mins - **£90**

Heavenly experience facial and aroma body deep tissue massage

Perfect Skin Package

Saving upto **£48**

5 x Advanced AHA Peels

1 x 1 hour Extended Peel

Plus 1 x AHA Cleanser

and 1 x AHA product of your choice

£250

Ultimate Anti Aging and Brightening Package

Saving upto **£69**

5 x Idebenone Peels

1 x 1 hour Extended Peel

Plus 1 x Idebenone Cleanser

and 1 x Idebenone product of your choice

£350

Indulgent Top To Toe - 2 ½hr - **£99**

- Lime and ginger body scrub
- aroma deep tissue back massage
- instant beauty boost facial
- File and polish on hands and feet

Mini Spa Day - 3hr - **£100**

- Exotic coconut rubmilk ritual wrap
- Deep tissue body massage
- Instant beauty boost facial
- Scalp massage

Butterflies Spa Day - 5hr - **£150**

- Exotic Coconut rub and milk wrap
- aroma deep tissue body massage
- Manicure and pedicure
- Scalp massage
- heavenly hour facial
- Light lunch and refreshments

Butterflies Spa Day Deluxe - 6hr - **£250**

- Exotic Lime and ginger salt glow
- Exotic frangipani body wrap
- Heavenly expert facial
- Indulgence manicure
- Light lunch and refreshments
- Lava shell aroma body massage
- Scalp massage
- Vital eye treatment
- Indulgence pedicure
- Home care gift pack