



BEAUTY, LASER  
& AESTHETIC  
RETREAT  
PRICE LIST  
2019

*Set Your Inner Beauty Free*

# BEAUTY RETREAT

Thank you for taking the time to learn more about Butterflies. As the founder of Butterflies my aim was to create a tranquil haven where each client receives an individual experience that is exclusive to them. Every treatment at Butterflies is based on evolving techniques. My hand picked therapists are highly trained and work naturally, to ensure each client receives an exceptional treatment at an affordable price

*My hope is that once you've experienced the Butterflies effect, you will wish to return time after time.*



INNOAESTHETICS



PRIORI



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## GIFT VOUCHERS

Available in any amount or treatment, they can be collected or delivered

## MAIL ORDERS

A mail order service is available for all our retail products and payment can be taken over the phone by credit or debit card

## APPOINTMENTS

At butterflies we work by appointment only 9-8 Monday to Friday and 9-4 Saturday, opening hours may vary due to client demand so please phone before hand to avoid disappointment

## CANCELLATION

In the interest of providing a professional service a 50% fee will be charged for non-arrivals or cancellation without 24 hours notice

# FACIAL SKIN CARE

<b>Instant Beauty Boost</b>	30 min - <b>£30</b>
A mini skin revival that will leave you glowing	
<b>Beauty Flash Enzyme Peel</b>	up to 30 min - <b>£40</b>
No prep or downtime peel, will revitalise and brighten a tired dull and sallow complexion	
<b>Heavenly Hour</b>	60 min - <b>£45</b>
Indulgent restoration of the skins natural balance	
<b>Heavenly Expert</b>	75 min - <b>£62</b>
A new complexion with the very latest in clinically proven anti-ageing	
<b>Deep Cleansing</b>	extra 15 min - <b>£14</b>
Clean out and unblock even the most stubborn of pores	
<b>Caci Non-Surgical Face Lift</b>	
Award winning, with over 20 years of medical research and celebrity following	
Lifts and firms sagging facial muscles, effectively softening fine lines and wrinkles	
<b>Per Treatment/Maintenance</b>	60 min - <b>£39</b>
<b>Course of 12 Treatments</b>	<b>£390</b>
<b>Collagen Plumping Mask</b>	extra <b>£22</b>
<b>Caci Jawl Lift</b>	15 min - <b>£25</b>
<b>A Course of 10</b>	<b>£200</b>
<b>As an addition to a caci face</b>	<b>£15</b>
<b>Caci Eye lift and revive</b>	30 mins - <b>£30</b>
<b>A Course of 10</b>	<b>£250</b>
<b>As a 15 minute addition to a caci face</b>	<b>£20</b>
<b>RF Skin Tightening and Rejuvenation</b>	(Per Treatment) <b>£75</b>
<b>Young Skin - Course of 4, 1 per week</b>	<b>£280</b>
<b>Middle Age Skin - Course of 6, 1 per week</b>	<b>£390</b>
<b>Mature Skin - Course of 8, 1 per week</b>	<b>£480</b>
<b>Maintenance every 3-6 weeks</b>	<b>£60</b>
<b>As an addition to any Caci</b>	<b>£50</b>

# FACIAL SKIN CARE

**Light Fusion**

30 min - £40

75 min - £75

**As an addition to any Caci or Peel**

£30

Infra Red LED technology developed by NASA. This treatment stimulates the bodys own growth and repair in the same way it can aid healing of wounds, it encourages skin to renew and vitalise itself. Stimualting growth factors that are naturally high in young skin

- Recharges and detoxifies the skin for a radiance
- Improves hydration, firming and collagen boosting
- Amazing for dark circles and puffy eyes

This treatment used to cost £150-£250 per treatment but advances in technology made it more cost effective and accessible

## BUTTERFLIES ULTIMATE FACIALS

Undoubtedly the best facials you will ever experience. Using our vast experience to combine products, treatments and technologies to obtain immediately visible and long lasting results

**Evolution**

75 min - £75

Deep cleansing sonic with exfoliation, Caci Face with light therapy and home care mask

**Rejuv and Refine**

90 min - £100

Deep cleansing sonic, skin resurfacing, Caci Face with light therapy and home care mask

**Time Machine**

105 min - £119

Deep cleansing sonic with exfoliation Caci Face Lift RF Skin tightening and rejuvenating light therapy and home care mask. Wow you will glow!!!

**Metamorphis**

60min - £200

Laser skin rejuvenation with Hyaluromnic mask creates a firmer more even skin tone reduces broken veins and brown patches. This includes a patch test that will be required at least 24 hours before

**Vampire Facial PRP** See page 5

# COSMETIC PEELS

Please book a complimentary consultation two weeks prior to your first treatment during which you will be advised on the most suitable peel and preparation product. Depending on your lifestyle and skin type, weekly peels over four-six weeks will maximise results

**Glycolic Peel** up to 30 min - **£40**  
Ideal for mild sun damaged/ problem or normal skin in need of a deep cleanse

**AHA Peel 30%** up to 20 min - **£40**  
This peel helps to balance the skin with noticeable results. It exfoliates, hydrates and evens the appearance of the skin in a quick power packed treatment

**Bio C** upto 30 min - **£45**  
Indicated in the first stages of ageing for dull skin or uneven colour a minimal down time peel with optimum results and collagen support if you are needing to look your best with a beautiful glow then this is your peel

**Superceutical Q+SOD** 30 min - **£45**  
Provides age defying improvements with noticeable results and minimal downtime. It intensively exfoliates, plumps and volumizes the skin leaving it radiant and visibly smoother

**Power Boost Your Peel** Extra - **£10**  
By adding Peel Pads or Hydrofill Mask to enhance results

# COSMETIC PEELS

## **Lightening Vit A**

time dependent - **£45-65**

For a more moderate age spots/hyperpigmentation or inflammatory acne. A fabulous anti ageing peel

## **Skin Recovery**

upto 30 min - **£65**

A skin imperfection treatment. Regulates oily skin, improves red stretch marks and treats folliculitis barbe and comedogenic acne

## **Mandelage**

**£65**

Skin stimulating and balancing treatment for mild photo ageing and inflammatory acne with firming, brightening and anti ageing results

## **PRIORI Forte Chemical Peel**

upto 30 min - **£65**

Medical-strength peels that use 50-75% lactic acid,they offer advanced exfoliation, normalise skin renewal rates, plump and hydrate from within and decrease signs of ageing. There is some mild tingling that isn't painful and no down time is required as with other chemical peels. The results are that wrinkles, open pores and scarring appear visibly reduced and skin becomes more radiant and firmer

## **TC Age**

**£150**

Treatment of more moderate wrinkles, skin damage, acne scaring and atrophic stretch marks. You will experience some down time with this peel, although it is not severe and the results are worth it

## **P by P**

from **£25**

For individual treatment of age spots, bar code and dry skin crusts

# VAMPIRE FACIAL PRP MICRO NEEDLING

Clinically proven needling has the amazing ability to naturally stimulate your own collagen and elastin production

Shown to be an effective treatment for –

- Acne scars, traumatic scars such as post-surgery lacerations and chicken pox scars
- Global skin rejuvenation, lines and wrinkles, improvements in tone, texture, creping and sagging
- Stretch marks, body toning and sagging skin
- Epidermal pigmentation, burn wounds, mild rosacea
- Hair Loss
- Skin tightening after weight loss

Eyes or small area ..... **£150**

Head, face neck or chest ..... **£250**

Body or Multiple areas ..... **£350**

Course of three ..... **£400**

Course of three ..... **£650**

Course of three ..... **£750**

Why our Micro Needling is best

- Adjustable depth allowing tailor made treatments that can treat from the delicate inner eye area to deep seated scars
- We use high grade active ingredients and or your own blood platelets intended for transdermic delivery, giving you an enhanced combination of vampire face lift and meso therapy all in one



# ALL ABOUT THE EYES

<b>Vital Eyes</b>	30 min - <b>£30</b>
Soothing ritual for the eye and lip area or as an addition to any facial	15 min - <b>£15</b>
<b>Caci Eye Lift and Revive</b>	
Helps to drain away puffiness, dark circles and plump out fine lines	30 min - <b>£30</b>
<b>Ultimate Eye Peel</b>	upto 20 min - <b>£45</b>
Smooths crows feet, wrinkles and tightens the eyelid	
<b>Matrix Meso Therapy</b>	upto 45 min - <b>£150</b>
Micro injections to achieve maximum hydration and quality of tissue. The results are decreased depth of fine lines and wrinkles	
<b>Teosyal Redensity</b>	<b>£350</b>
A mesotherapy and hyaluronic combination designed to nourish the skin from within and restore density with a lightening and brightening result	

# PERFECT FLUTTER

A patch test will be required 24 hrs before your first tint or LVL treatment.

<b>EyeLash Tint, Eye Brow Tint or Trim or Wax</b>	Each - <b>£10</b>
<b>Highly Defined Brows</b>	40 min - <b>£25</b>
Create the ultimate in stunning brows	
<b>LVL</b>	60 min - <b>£45</b>
The false lash effect created by your own lashes lasts up to 3 months	
<b>Lavish Lash Extensions</b>	90 min - <b>£65</b>
Individual silk lashes, lasting 4-6 wks	
<b>Lavish Lash maintenance</b>	60 min - <b>£35</b>
To maintain the full lash effect every 1-2 weeks	
<b>Party Lash</b>	Strip - <b>£25</b>
Stunning lashes that last up to 1 week	Clump - <b>£35</b>

# DERMAL FILLERS

Dermal fillers can provide you with a fresher more youthful look, smoothing out lines and restoring natural contours. The fillers we use are formed from a naturally occurring substance and are extremely safe to use plus with the advanced cannula technique and anaesthetics, discomfort and bruising are fast becoming a thing of the past

The treatments takes around 30 minutes and will have an instant result that will last between 6-18 months dependant on product choice and skin type

This treatment can be used to correct:

- Thin or lined lips
- Nose to mouth lines
- Forehead or frown furrows
- Down turned smile
- Sunken cheeks
- Puffy eyes or dark circles tear through
- Aged hands
- Jawline and chin enhancement

Dermal fillers are charged per syringe and prices will vary on amount used and product choice

**An average spend is from  
Liquid face lift with fillers**

**£150-£350  
£750**

# BOTULINUM INJECTIONS

Butterflies Aesthetics offers the very best of both worlds, with a doctor prescribing and the expertise and skill of an aesthetician administering

Used to smooth out negative expression lines, such as frown, forehead lines, crow's feet and bunny lines. Our aim is a natural look that softens lines not creating an expressionless or frozen face

1 Area      £150

2 Areas     £200

3 Areas     £250

## Liquid face lift/Nefertiti neck lift

from **£350**

These injections can also be used to lift and sculpt the brow, jaw line and neck; combined with dermal fillers and other specialised treatments you can achieve exceptional results

## Excessive sweating

**£450**

A quick, safe and painless way to reduce sweating with noticeable results within 2 weeks and lasting up to 18 months

# PDO THREADS

relax muscles while stimulating the production of new collagen, elastin and hyaluronic resulting in a very effective non surgical way of lifting and tightening the skin of the face neck and jaw whilst reducing wrinkles

**Small Area** lip line, frown, crows feet

**£150**

**One treatment area**, cheek lift, jaw, lips, marionette,

depressor or smile lines

**£250**

**Half face**

**£450**

**Neck and Jowls**

**£650**

## PERMANENT COSMETICS

Using pharmaceutical grade pigments that are placed into the dermal layer of the skin, the process can be used to enhance or correct your natural features or to create the look of perfectly applied make up. Permanent cosmetics are suitable for anyone who wants to look their best at all times, anywhere!

<b>Hairstroke brows</b>	<b>£395</b>	<b>Eye Enhancement/Liner</b>	<b>£250-£450</b>
<b>Lip Enhancement</b>	<b>£395-£450</b>	<b>Beauty Mark</b>	<b>£75</b>

All prices include one retouch procedure within 3 months of initial treatment

**Colour Boost/Maintenance** (Recommended every 12-18months) **£200**

## BEAUTIFULLY MADE

Enhance your natural beauty with 100% pure mineral make up providing impeccable coverage for every skin type. These silky smooth textures leave your skin feeling healthy, particularly helpful for sensitive and problem skin

<b>Make-Up Trial or for Day or Night</b>	30min <b>£35</b>
<b>Make-Up Lesson or Wedding Make-Up</b>	60min <b>£45</b>
<b>Mobile Wedding Make-Up</b> (minimum 2 people) per person	<b>£55</b>

## TEETH WHITENING

<b>Professional Laser Teeth Whitening</b>	<b>£125</b>
<b>Teeth Whitening Home Kit</b>	<b>£89</b>

# MEDICAL GRADE IPL LASER

<b>Patch test</b>	<b>£35</b>
<b>Permanent hair reduction</b>	from <b>£44</b>
Visible results within 3 treatments, course of 6 recommended, suitable for both face and body	
<b>Red vein removal</b>	from <b>£50</b>
A solution to face and body thread veins, redness, flushing, rosacea and red spots	
<b>Skin rejuvenation</b>	from <b>£100</b>
For treatments of brown spots (pigmentation) and uneven skin texture. Stimulation of collagen and elastin make the skin firmer and more radiant with enlarged pores and fine lines reduced	
<b>Active acne</b>	from <b>£95</b>
Reduces the number and severity of lesions, inflammation and break outs	

# FLUFF CONTROL

Organic tea tree crème wax and specialist intimate wax help to prevent ingrowing hairs and reduces redness

<b>Lip or Chin</b>	<b>£8</b>	<b>Bikini</b>	<b>£10-£15</b>
<b>Half Leg</b>	<b>£15</b>	<b>Brazilian</b>	<b>£20-£30</b>
<b>Full Leg</b>	<b>£24</b>	<b>Hollywood</b>	<b>£25-£30</b>
<b>Forearm</b>	<b>£12</b>	<b>Full Leg and Bikini</b>	<b>£30</b>
<b>Underarm</b>	<b>£10</b>	<b>Threading</b>	<b>£15</b>

**Electrolysis** from **£25**  
For hair and tag removal

# SPA & HOLISTICS

<b>Reflexology</b>	40 min - <b>£28</b>
Pressure points upon the feet help the body to restore a healthy balance	
<b>Tranquillity Scalp/Indian Head</b>	30 min - <b>£28</b>
A truly blissful treatment helping to release tension	
<b>Hopi Ear Candles</b>	30 min - <b>£28</b>
A deeply relaxing treatment that helps to smooth sinus problems, earache, headaches, insomnia, tinnitus and a natural alternative to congested ear syringing	
<b>Reiki</b>	60 min - <b>£38</b>
A ancient Japanese technique for stress reduction and deep relaxation	
<b>Aroma Back Deep Tissue Massage</b>	30 min - <b>£30</b>
<b>Aroma Body Deep Tissue Massage</b>	60 min - <b>£45</b>
<b>Hot Stone or Bamboo Back Therapy</b>	30 min - <b>£36</b>
Warmed lava shells with specialised massages to melt away tension	
<b>Hot Stone or Bamboo Body Therapy</b>	75 min - <b>£66</b>
<b>Exotic Citrus Body Buff</b>	45 min - <b>£38</b>
Cleansed nourished and polished to perfection	
<b>Skin Nourishing Wrap</b>	60 min - <b>£42</b>
This opulent therapy is excellent for skin smoothing and softening	
<b>Pregnancy Care</b>	60 min - <b>£50</b>
Relax as this safe and effective treatment adapt to suit your changing needs	
<b>Nurturing Massage for Mothers To Be</b>	90 min - <b>£60</b>
Connecting both mother and baby through this uplifting massage, relieves tension and swelling	

## SUNRISE

We offer Sienna X or Decleor so your tan can be tailored to your choice, from a natural glow to a week in the tropics

**Classic Tan** (with exfoliation)

60 min - **£40**

## SLIMMING & TONING

**Shrinking violet body Wraps**

Inch measured fat loss with clinical backing

per treatment

course of 3

course of 6

**£55**

**£150**

**£270**

**Hot Stone Colon Detox**

A natural alternative to colon cleansing

30 min - **£36**

**Caci ECM**

Bum lifting and Cellulited reduction

per 20 min treatment

course of 10

**£35**

**£299**

**Aroma Spa Ocean Wraps**

Targeted treatments to detoxify cellulite or ease aching muscles

75 min - **£50**

## BLOOD CHECKS

**Private Blood Checks with Medi Check**

from **£39-£299**

We offer a wide range of blood tests including but not limited to thyroid, hormone, health screen, allergy, nutrition, energy and weight loss. Please book your free consultation to discuss this further

## PALMS

<b>File and Polish</b>	20 min - <b>£14</b>
<b>Nailtiques Manicure</b>	40 min - <b>£18</b>
<b>French Manicure Polish</b>	extra - <b>£2</b>
<b>Luxury Manicure</b>	60 min - <b>£25</b>
<b>Elemis Pro Collagen Hand Treat</b>	30 min - <b>£25</b>
<b>Elemis Pro Collagen Hand</b> (with manicure)	60 min - <b>£40</b>
<b>Bio Sculpture Gel Nails</b>	
No damage to the natural nail. Available in a wide range of colours	
<b>Nail Extensions</b>	<b>£40</b>
<b>Overlays/Infills/Nail Wraps</b>	<b>£25</b>
Hands or feet, gives strength and flexibility to the natural nail, infill after 2-4 weeks	
<b>Nail Repair</b>	<b>£3</b>
<b>Soak Off</b> before overlays	<b>£10</b>
<b>Soak Off and Enrichment</b>	<b>£18</b>
<b>Nail Art</b>	from - <b>£1</b>

## SOLES

<b>File and Polish of the Toes</b>	20 min - <b>£14</b>
<b>Pedicure</b>	45 min - <b>£25</b>
<b>Luxury Pedicure</b>	60 min - <b>£30</b>
Paraffin or heated boots to ease aches and pains and control dry skin	
<b>Callus Foot Peel</b> (With pedicure)	60 min - <b>£32</b>
Helps to break down and control dry/cracked and hardened skin	
<b>Sole Delight Foot Treat</b>	30 min - <b>£25</b>
Warmed aroma oils replenish and soften	(With pedicure) 60 min - <b>£35</b>



# TIME OUT FOR MEN

<b>The Deep Cleanse</b> - Face or back	30 min - <b>£30</b>
<b>Facial Fitness</b> Deep cleansing and nourishment to combat daily aggressions such as shaving	60 min - <b>£45</b>
<b>Advanced Facial Fitness</b> From time defence to the ultimate skin detox this group of facials are a complete revival for the tired and stressed man	75 min - <b>£65</b>
<b>Aroma Back Deep Tissue Massage</b>	30 min - <b>£30</b>
<b>Aroma Body Deep Tissue Massage</b>	60 min - <b>£45</b>
<b>Hot Stone or Bamboo Back Therapy</b>	30 min - <b>£36</b>
<b>Hot Stone or Bamboo Body Therapy</b> Specialised massages melt away tension	75 min - <b>£66</b>
<b>Musclease Body Envelopment</b> Powerful seaweed wrap for complete muscle relaxation	75 min - <b>£50</b>
<b>Time Out</b> Musclease body wrap, back massage and deep cleanse facial	120 min - <b>£85</b>
<b>Total Time Out</b> Musclease body wrap, lava shell body massage, deep cleanse facial and scalp massage	150 min - <b>£100</b>
<b>Neck Wax</b>	<b>£10</b>
<b>Back or Chest Wax</b>	<b>£25</b>
<b>Callus Foot Peel</b>	50 min - <b>£30</b>

# PACKAGED PAMPERING

## 10 Years Younger the Makeover Plan -

### Consultation

Free

### Face and Body Sensation

60 min - £60

Aroma back Massage combined with an advanced booster facial

### Body Nourishment

90 min - £70

Exotic body wrap with aroma body deep tissue massage

### Absolute Spa Ritual

120 min - £90

Heavenly experience facial and aroma body deep tissue massage

### Perfect Skin Package Saving up to £69

5 x EA Peels

1 x 1 hour Extended Peel

or upgraded peel

Plus 1 x Elizabeth Arden Pro Cleanser and Corrector

£285

### Ultimate Anti Ageing and Brightening Package

#### Saving up to £69

5 x Anti Ageing Peels

1 x 1 hour Extended Peel

or upgrade

Plus 1 x Cleanser and Corrector

£350

# PACKAGED PAMPERING

## ***Indulgent Top To Toe*** - 2 ½hr - £99

- Invigorating full body buff
- Instant beauty boost facial
- Aroma deep tissue back massage
- File and polish on hands and feet

## ***Mini Spa Day*** - 3hr - £115

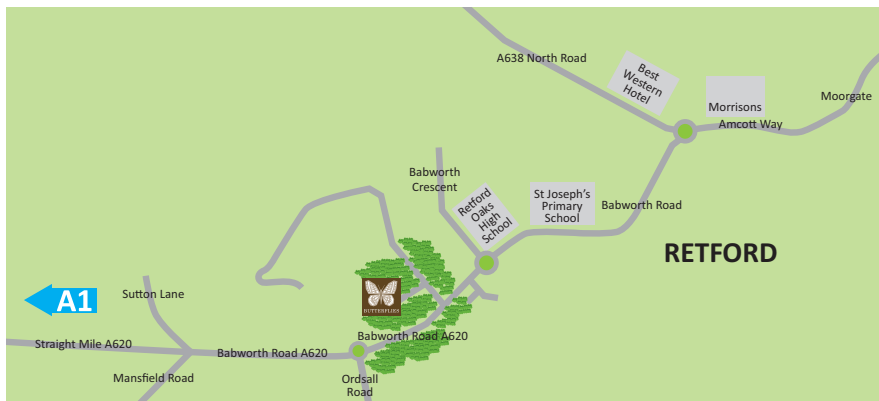
- Exotic coconut rub and milk wrap
- Instant beauty boost facial
- Deep tissue body massage
- Scalp massage

## ***Butterflies Spa Day*** - 5hr - £165

- Body buff and milk wrap
- Aroma deep tissue body massage
- Manicure and pedicure
- Scalp massage
- heavenly hour facial
- Light lunch and refreshments

## ***Butterflies Spa Day Deluxe*** - 6hr - £250

- Exotic citrus body buff
- Exotic body wrap
- Heavenly expert facial
- Indulgence manicure
- Light lunch and refreshments
- Lava shell aroma body massage
- Scalp massage
- Vital eye treatment
- Indulgence pedicure
- Home care gift pack



Visits by appointment only



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