



BEAUTY, LASER
& AESTHETIC
RETREAT
PRICE LIST
2020

Set Your Inner Beauty Free

BEAUTY RETREAT

Thank you for taking the time to learn more about Butterflies. As the founder of Butterflies my aim was to create a tranquil haven where each client receives an individual experience that is exclusive to them. Every treatment at Butterflies is based on evolving techniques. My hand picked therapists are highly trained and work naturally, to ensure each client receives an exceptional treatment at an affordable price

My hope is that once you've experienced the Butterflies effect, you will wish to return time after time.



INNOAESTHETICS



PRIORI



CONTENTS

1-2	Facial Skin Care	10	IPL Laser and Fluff Control
2	Butterfleis Ultimate Facial	11	Spa and Holistics
3-4	Cosmetic Peels	12	Sunrise and Slimming
5	Vampire Facial PRP Micro Needling	13	Palms and Soles
6	All About Eyes, Perfect Flutter	14	Time Out for Men
7	Dermal Fillers	15-16	Packages
8	Botulinum Injections, PDO Threads		
9	Permanent Cosmetics		
	Beautifully Made, Teeth Whitening		

GIFT VOUCHERS

Available in any amount or treatment, they can be collected or delivered

MAIL ORDERS

A mail order service is available for all our retail products and payment can be taken over the phone by credit or debit card

APPOINTMENTS

At butterflies we work by appointment only 9-8 Monday to Friday and 9-4 Saturday, opening hours may vary due to client demand so please phone before hand to avoid disappointment

CANCELLATION

In the interest of providing a professional service a 50% fee will be charged for non-arrivals or cancellation without 24 hours notice

FACIAL SKIN CARE

Instant Beauty Boost

A mini skin revival that will leave you glowing

30 min - **£30**

Beauty Flash Enzyme Peel

No prep or downtime peel, will revitalise and brighten a tired dull and sallow complexion

up to 30 min - **£40**

Heavenly Hour

Indulgent restoration of the skins natural balance

60 min - **£45**

Heavenly Expert

A new complexion with the very latest in clinically proven anti-ageing

75 min - **£62**

Deep Cleansing

Clean out and unblock even the most stubborn of pores

extra 15 min - **£14**

Caci Non-Surgical Face Lift

Award winning, with over 20 years of medical research and celebrity following Lifts and firms sagging facial muscles, effectively softening fine lines and wrinkles

Per Treatment/Maintenance

60 min - **£40**

Course of 12 Treatments

£399

Collagen Plumping Mask

extra **£22**

Caci Jawl Lift

A Course of 10

15 min - **£25**

As an addition to a caci face

£200

£15

Caci Eye lift and revive

A Course of 10

30 mins - **£30**

As a 15 minute addition to a caci face

£250

£20

RF Skin Tightening and Rejuvenation

(Per Treatment) **£75**

Young Skin - Course of 4, 1 per week

£280

Middle Age Skin - Course of 6, 1 per week

£390

Mature Skin - Course of 8, 1 per week

£480

Maintenance every 3-6 weeks

£60

As an addition to any Caci

£50

FACIAL SKIN CARE

Light Fusion

30 min - £43

75 min - £75

As an addition to any Caci/Peel or RF

£30

Infra Red LED technology developed by NASA. This treatment stimulates the bodys own growth and repair in the same way it can aid healing of wounds, it encourages skin to renew and vitalise itself. Stimualting growth factors that are naturally high in young skin

- Recharges and detoxifies the skin for a radiance
- Improves hydration, firming and collagen boosting
- Amazing for dark circles and puffy eyes

This treatment used to cost £150-£250 per treatment but advances in technology made it more cost effective and accessible

BUTTERFLIES ULTIMATE FACIALS

Undoubtedly the best facials you will ever experience. Using our vast experience to combine products, treatments and technologies to obtain immediately visible and long lasting results

Evolution

75 min - £75

Deep cleansing sonic with exfoliation, Caci Face with light therapy and home care mask

Rejuv and Refine

90 min - £100

Deep cleansing sonic, skin resurfacing, Caci Face with light therapy and home care mask

Time Machine

105 min - £119

Deep cleansing sonic with exfoliation Caci Face Lift RF Skin tightening and rejuvenating light therapy and home care mask. Wow you will glow!!!

Metamorphis

60min - £185

Laser skin rejuvenation with Hyaluronic mask creates a firmer more even skin tone reduces broken veins and brown patches. This includes a patch test that will be required at least 24 hours before

Vampire Facial PRP See page 5

COSMETIC PEELS

Please book a complimentary consultation two weeks prior to your first treatment during which you will be advised on the most suitable peel and preparation product. Depending on your lifestyle and skin type, weekly peels over four-six weeks will maximise results

Glycolic Peel

up to 30 min - **£40**

Ideal for mild sun damaged/ problem or normal skin in need of a deep cleanse

AHA Peel 30%

up to 20 min - **£40**

This peel helps to balance the skin with noticeable results. It exfoliates, hydrates and evens the appearance of the skin in a quick power packed treatment

Bio C

upto 30 min - **£45**

Indicated in the first stages of ageing for dull skin or uneven colour a minimal down time peel with optimum results and collagen support if you are needing to look your best with a beautiful glow then this is your peel

Superceutical Q+SOD

30 min - **£45**

Provides age defying improvements with noticeable results and minimal downtime. It intensively exfoliates, plumps and volumizes the skin leaving it radiant and visibly smoother

Power Boost Your Peel

Extra - **£10**

By adding Peel Pads or Hydrofill Mask to enhance results

TTC peel Upto

30 mins - **£40**

All natural non chemical skin peel with anti inflammatory and healing, ideal for a more sensitive skin type wanting the deep cleansing and brightening benefits of a peel.

COSMETIC PEELS

Lightening Vit A

For a more moderate age spots/hyperpigmentation or inflammatory acne. A fabulous anti ageing peel

time dependent - **£45-65**

Skin Recovery

A skin imperfection treatment. Regulates oily skin, improves red stretch marks and treats folliculitis barbe and comedogenic acne

upto 30 min - **£65**

Mandelage

Skin stimulating and balancing treatment for mild photo ageing and inflammatory acne with firming, brightening and anti ageing results

£65

Me Line

For moderate to severe photo ageing, hyper-pigmentation and melasma, with clinical backing this peel dramatically improves uneven skin tone, with the added benefit of skin rejuvenation.

£150

TC Age

Treatment of more moderate wrinkles, skin damage, acne scaring and atrophic stretch marks. You will experience some down time with this peel, although it is not severe and the results are worth it

£150

P by P

For individual treatment of age spots, bar code and dry skin crusts

from **£25**

VAMPIRE FACIAL PRP MICRO NEEDLING

Clinically proven needling has the amazing ability to naturally stimulate your own collagen and elastin production

Shown to be an effective treatment for –

- Acne scars, traumatic scars such as post-surgery lacerations and chicken pox scars
- Global skin rejuvenation, lines and wrinkles, improvements in tone, texture, creping and sagging
- Stretch marks, body toning and sagging skin
- Epidermal pigmentation, burn wounds, mild rosacea
- Hair Loss
- Skin tightening after weight loss

Eyes or small area **£150**

Head, face neck or chest **£250**

Body or Multiple areas **£350**

Course of three **£400**

Course of three **£650**

Course of three **£750**

Why our Micro Needling is best

- Adjustable depth allowing tailor made treatments that can treat from the delicate inner eye area to deep seated scars
- We use high grade active ingredients and or your own blood platelets intended for transdermic delivery, giving you an enhanced combination of vampire face lift and meso therapy all in one

ALL ABOUT THE EYES

Vital Eyes

Soothing ritual for the eye and lip area
or as an addition to any facial

30 min - **£30**

15 min - **£15**

Caci Eye Lift and Revive

Helps to drain away puffiness, dark circles and plump out fine lines

30 min - **£30**

Ultimate Eye Peel

Smooths crows feet, wrinkles and tightens the eyelid

upto 20 min - **£45**

Matrix Meso Therapy

Micro injections to achieve maximum hydration and quality of tissue. The results are decreased depth of fine lines and wrinkles

upto 45 min - **£150**

Teosyal Redensity

A mesotherapy and hyaluronic combination designed to nourish the skin from within and restore density with a lightening and brightening result

£350

PERFECT FLUTTER

A patch test will be required 24 hrs before your first tint or LVL treatment.

EyeLash Tint, Eye Brow Tint or Trim or Wax

Each - **£10**

Highly Defined Brows

40 min - **£25**

Create the ultimate in stunning brows

LVL

60 min - **£45**

The false lash effect created by your own lashes lasts up to 3 months

Lavish Lash Extensions

90 min - **£65**

Individual silk lashes, lasting 4-6 wks

Lavish Lash maintenance

60 min - **£35**

To maintain the full lash effect every 1-2 weeks

Party Lash

Strip - **£25**

Stunning lashes that last up to 1 week

Clump - **£35**

DERMAL FILLERS

Dermal fillers can provide you with a fresher more youthful look, smoothing out lines and restoring natural contours. The fillers we use are formed from a naturally occurring substance and are extremely safe to use plus with the advanced cannula technique and anaesthetics, discomfort and bruising are fast becoming a thing of the past

The treatments takes around 30 minutes and will have an instant result that will last between 6-18 months dependant on product choice and skin type

This treatment can be used to correct:

- Thin or lined lips
- Nose to mouth lines
- Forehead or frown furrows
- Down turned smile
- Sunken cheeks
- Puffy eyes or dark circles tear through
- Aged hands
- Jawline and chin enhancement

Dermal fillers are charged per syringe and prices will vary on amount used and product choice

**An average spend is from
Liquid face lift with fillers**

**£150-£350
£750**

BOTULINUM INJECTIONS

Butterflies Aesthetics offers the very best of both worlds, with a doctor prescribing and the expertise and skill of an aesthetician administering

Used to smooth out negative expression lines, such as frown, forehead lines, crow's feet and bunny lines. Our aim is a natural look that softens lines not creating an expressionless or frozen face

1 Area	£150
2 Areas	£200
3 Areas	£250

Liquid face lift/Nefertiti neck lift from **£350**

These injections can also be used to lift and sculpt the brow, jaw line and neck; combined with dermal fillers and other specialised treatments you can achieve exceptional results

Excessive sweating **£450**

A quick, safe and painless way to reduce sweating with noticeable results within 2 weeks and lasting up to 18 months

PDO THREADS

relax muscles while stimulating the production of new collagen, elastin and hyaluronic resulting in a very effective non surgical way of lifting and tightening the skin of the face neck and jaw whilst reducing wrinkles

Small Area lip line, frown, crows feet **£150**

One treatment area, cheek lift, jaw, lips, marionette, depressor or smile lines **£250**

Half face **£450**

Neck and Jowls **£650**

PERMANENT COSMETICS

Using pharmaceutical grade pigments that are placed into the dermal layer of the skin, the process can be used to enhance or correct your natural features or to create the look of perfectly applied make up. Permanent cosmetics are suitable for anyone who wants to look their best at all times, anywhere!

Hairstroke brows	£395	Eye Enhancement/Liner	£250-£450
Lip Enhancement	£395-£450	Beauty Mark	£75

All prices include one retouch procedure within 3 months of initial treatment

Colour Boost/Maintenance (Recommended every 12-18months) **£200**

BEAUTIFULLY MADE

Enhance your natural beauty with 100% pure mineral make up providing impeccable coverage for every skin type. These silky smooth textures leave your skin feeling healthy, particularly helpful for sensitive and problem skin

Make-Up Trial or for Day or Night	30min £40
Make-Up Lesson or Wedding Make-Up	60min £45
Mobile Wedding Make-Up (minimum 2 people) per person	£55

TEETH WHITENING

Professional Laser Teeth Whitening	£125
Teeth Whitening Home Kit	£89

MEDICAL GRADE IPL LASER

Patch test	£35
Permanent hair reduction	from £44
Visible results within 3 treatments, course of 6 recommended, suitable for both face and body	
Red vein removal	from £50
A solution to face and body thread veins, redness, flushing, rosacea and red spots	
Skin rejuvenation	from £100
For treatments of brown spots (pigmentation) and uneven skin texture. Stimulation of collagen and elastin make the skin firmer and more radiant with enlarged pores and fine lines reduced	
Active acne	from £95
Reduces the number and severity of lesions, inflammation and break outs	

FLUFF CONTROL

Organic tea tree crème wax and specialist intimate wax help to prevent ingrowing hairs and reduces redness

Lip or Chin	£8	Bikini	£10-£15
Half Leg	£15	Brazilian	£20-£30
Full Leg	£24	Hollywood	£25-£30
Forearm	£12	Full Leg and Bikini	£30
Underarm	£10	Threading	£15

Electrolysis from **£25**
For hair and tag removal

SPA & HOLISTICS

- Reflexology Taster** 30 min - **£30**
Pressure points upon the feet help the body to restore a healthy balance
- Clinical Reflexology** 1hr **£40**
Please add an extra 30 mins to your first treatment
- Tranquillity Scalp/Indian Head** 30 min - **£30**
A truly blissful treatment helping to release tension
- Hopi Ear Candles** 30 min - **£30**
A deeply relaxing treatment that helps to smooth sinus problems, earache, headaches, insomnia, tinnitus and a natural alternative to congested ear syringing
- Reiki** 60 min - **£40**
A ancient Japanese technique for stress reduction and deep relaxation
- Aroma Back Deep Tissue Massage** 30 min - **£32**
- Aroma Body Deep Tissue Massage** 60 min - **£47**
- Hot Stone or Bamboo Back Therapy** 30 min - **£38**
Specialised massages to melt away tension
- Hot Stone or Bamboo Body Therapy** 75 min - **£68**
- Exotic Citrus Body Buff** 45 min - **£40**
Cleansed nourished and polished to perfection
- Skin Nourishing Wrap** 60 min - **£44**
This opulent therapy is excellent for skin smoothing and softening
- Pregnancy Care** 60 min - **£52**
Relax as this safe and effective treatment adapt to suit your changing needs
- Nurturing Massage for Mothers To Be** 90 min - **£62**
Connecting both mother and baby through this uplifting massage, relieves tension and swelling

SUNRISE

We offer Sienna X or Decleor so your tan can be tailored to your choice, from a natural glow to a week in the tropics

Classic Tan (with exfoliation)

60 min - **£40**

SLIMMING & TONING

Shrinking violet body Wraps

Inch measured fat loss with clinical backing

per treatment

£55

course of 3

£150

course of 6

£270

Hot Stone Colon Detox

A natural alternative to colon cleansing

30 min - **£36**

Caci ECM

Bum lifting and Cellulited reduction

per 20 min treatment

£35

course of 10

£299

Aroma Spa Ocean Wraps

Targeted treatments to detoxify cellulite or ease aching muscles

75 min - **£50**

BLOOD CHECKS

Private Blood Checks with Medi Check

from **£39-£299**

We offer a wide range of blood tests including but not limited to thyroid, hormone, health screen, allergy, nutrition, energy and weight loss. Please book your free consultation to discuss this further

PALMS

File and Polish	20 min - £14
Nailtiques Manicure	40 min - £18
French Manicure Polish	extra - £2
Luxury Manicure	60 min - £25
TTC Anti Ageing Hand Peel	30 min - £40
Bio Sculpture Gel Nails	
No damage to the natural nail. Available in a wide range of colours	
Nail Extensions	£40
Overlays/Infills/Nail Wraps	£25
Hands or feet, gives strength and flexibility to the natural nail, infill after 2-4 weeks	
Nail Repair	£3
Soak Off before overlays	£10
Soak Off and Enrichment	£18
Nail Art	from - £1

SOLES

File and Polish of the Toes	20 min - £14
Pedicure	45 min - £25
Luxury Pedicure with heated boots	60 mins £30
Luxury pedicure	60 mins £35
With paraffin or warmed oils to ease aches and control dry skin	
Callus Foot Peel (With pedicure)	60 min - £32
Helps to break down and control dry/cracked and hardened skin	

TIME OUT FOR MEN

The Deep Cleanse - Face or back	30 min - £30
Facial Fitness Deep cleansing and nourishment to combat daily agressions such as shaving	60 min - £45
Advanced Facial Fitness From time defence to the ultimate skin detox this group of facials are a complete revival for the tired and stressed man	75 min - £65
Aroma Back Deep Tissue Massage	30 min - £30
Aroma Body Deep Tissue Massage	60 min - £45
Hot Stone or Bamboo Back Therapy	30 min - £36
Hot Stone or Bamboo Body Therapy Specialised massages melt away tension	75 min - £66
Musclease Body Envelopment Powerful seaweed wrap for complete muscle relaxation	75 min - £60
Time Out Musclease body wrap, back massage and deep cleanse facial	120 min - £85
Total Time Out Musclease body wrap, hot stone body massage, deep cleanse facial and scalp massage	150 min - £100
Neck Wax	£10
Back or Chest Wax	£25
Callus Foot Peel	50 min - £30

PACKAGED PAMPERING

10 Years Younger the Makeover Plan -

Consultation

Free

Face and Body Sensation

60 min - £60

Aroma back Massage combined with an advanced booster facial

Body Nourishment

90 min - £70

Exotic body wrap with aroma body deep tissue massage

Absolute Spa Ritual

120 min - £90

Heavenly experience facial and aroma body deep tissue massage

Perfect Skin Package Saving up to £69

5 x EA Peels

1 x 1 hour Extended Peel

or upgraded peel

Plus 1 x Elizabeth Arden Pro Cleanser and Corrector

£285

Ultimate Anti Ageing and Brightening Package

Saving up to £69

5 x Anti Ageing Peels

1 x 1 hour Extended Peel

or upgrade

Plus 1 x Cleanser and Corrector

£350

PACKAGED PAMPERING

Indulgent Top To Toe - 2 ½hr - £99

- Invigorating full body buff
- Instant beauty boost facial
- Aroma deep tissue back massage
- File and polish on hands and feet

Mini Spa Day - 3hr - £115

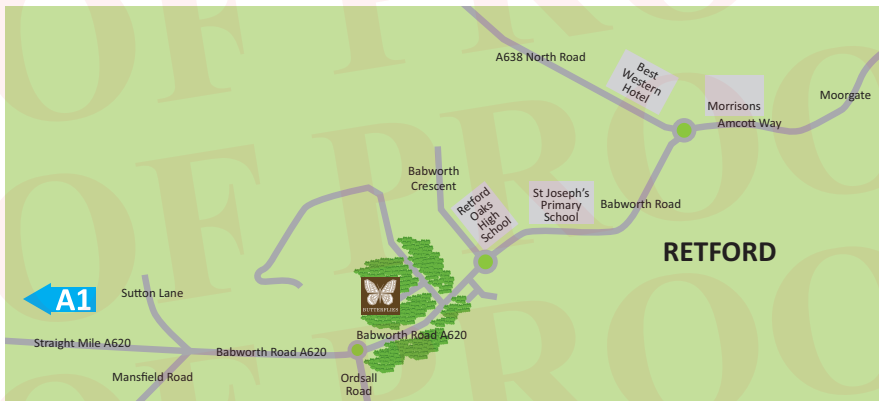
- Exotic coconut rub and milk wrap
- Instant beauty boost facial
- Deep tissue body massage
- Scalp massage

Butterflies Spa Day - 5hr - £165

- Body buff and milk wrap
- Aroma deep tissue body massage
- Manicure and pedicure
- Scalp massage
- heavenly hour facial
- Light lunch and refreshments

Butterflies Spa Day Deluxe - 6hr - £250

- Exotic citrus body buff
- Exotic body wrap
- Heavenly expert facial
- Indulgence manicure
- Light lunch and refreshments
- Hot stone aroma body massage
- Scalp massage
- Vital eye treatment
- Indulgence pedicure
- Home care gift pack



Visits by appointment only



Swiss Cottage • Babworth Estate • Retford • DN22 8EN
Tel: 01777 710845 • Email: butterfliesbeauty@hotmail.co.uk