



BEAUTY, LASER
& AESTHETIC
RETREAT
PRICE LIST
2024

Set Your Inner Beauty Free

BEAUTY RETREAT

Thank you for taking the time to learn more about Butterflies. As the founder of Butterflies my aim was to create a tranquil haven where each client receives an individual experience that is exclusive to them. Every treatment at Butterflies is based on evolving techniques. My hand picked therapists are highly trained and work naturally, to ensure each client receives an exceptional treatment at an affordable price

My hope is that once you've experienced the Butterflies effect, you will wish to return time after time.

BIO SCULPTURE

PRIORI

im

INNOAESTHETICS



REJUVENATED

footlogix[®]
PEDICEUTICALS



pevonia[®]
WORLD OF WELLNESS



CACI

NON SURGICAL SOLUTIONS



Lynton

Medik8[®]

SKINCARE BIOTECHNOLOGY™

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GIFT VOUCHERS

Available in any amount or treatment, they can be collected or delivered

MAIL ORDERS

A mail order service is available for all our retail products and payment can be taken over the phone by credit or debit card

APPOINTMENTS

At butterflies we work by appointment only 9-8 Monday to Friday and 9-4 Saturday, opening hours may vary due to client demand so please phone before hand to avoid disappointment

CANCELLATION

In the interest of providing a professional service a 50% fee will be charged for non-arrivals or cancellation without 24 hours notice

FACIAL SKIN CARE

Instant Beauty Boost

30 min - **£35**

A mini skin revival that will leave you glowing

Beauty Flash Enzyme Peel

up to 30 min - **£40**

Deep cleansing steam with enzyme peel to clean out stubborn pores will brighten a tired and dull complexion.

Heavenly Hour

60 min - **£50**

Indulgent restoration of the skins natural balance

Heavenly Face and Body Sensation

60 min - **£60**

Aroma back digit pressure massage with advanced booster facial.

Heavenly Expert

70 min - **£65**

Expert facials with clinically proven active ingredients for rejuvenation hydration, dry skin, rosacea, sensitivity and brightening. Includes a deep cleansing steam where appropriate

Carboxy

45 min - **£62**

Boosting of the skin's oxygen, plumping out lines while giving hydration and brightness.

Light Fusion

30 min - **£45**

75 min - **£75**

As an addition to any Caci/Peel or RF

£30

Infrared LED stimulates healing, repair, and growth factors naturally high in youth. Encouraging the skin to renew and revitalise itself improves radiance, hydration, and firmness and boosts collagen, while detoxification is fantastic for dark circles, puffiness and outbreaks.

- Recharges and detoxifies the skin for a radiance
- Improves hydration, firming and collagen boosting
- Amazing for dark circles and puffy eyes

This treatment used to cost £150-£250 per treatment but advances in technology made it more cost effective and accessible

BUTTERFLIES ULTIMATE FACIALS

Undoubtedly the best facials you will ever experience. Using our vast experience to combine products, treatments and technologies to obtain immediately visible and long lasting results

Evolution 75 min - **£75**

Deep cleansing sonic with exfoliation, Caci Face with light therapy and home care mask

Rejuv and Refine 90 min - **£115**

Deep cleansing sonic, skin resurfacing, Caci Face with light therapy and home care mask

Time Machine 105 min - **£125**

Deep cleansing sonic with exfoliation Caci Face Lift RF Skin tightening and rejuvenating light therapy and home care mask. Wow you will glow!!!

Metamorphis 60min - **£185**

Laser skin rejuvenation with Hyaluronic mask creates a firmer more even skin tone reduces broken veins and brown patches. This includes a patch test that will be required at least 24 hours before

Vampire Facial PRP See page 7

RF Skin Tightening and Rejuvenation (Per Treatment) **£75**

Young Skin - Course of 4, 1 per week **£280**

Middle Age Skin - Course of 6, 1 per week **£390**

Mature Skin - Course of 8, 1 per week **£480**

Maintenance every 3-6 weeks **£60**

As an addition to any Caci **£50**

CACI FACIALS

CACI classic non surgical face lift 60 minutes **£45** | Course of 10 **£405**
Microcurrent impulses will lift and tone your face and neck muscles, whilst improving skin elasticity and reduces the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful and fresher appearance.

CACI crystal free micro dermabrasion 30 mins **£40**
Course of 6 **£225** | Course of 10 **£350**
Give your skin the ultimate exfoliation for a brighter and smoother complexion. Dual action crystal free microdermabrasion and LED light therapy is used to exfoliate and deep cleanse, finish with lymphatic drainage for a clearer complexion.

CACI Ultimate Rejuvenation 45 minutes **£47** | Course of 10 **£423**
Crystal free micro dermabrasion with CACI's unique Wrinkle Comb- a non-invasive alternative to Botox and fillers is used to target fine lines and wrinkles, finished with the hydro mask to hydrate and firm.

CACI Ultimate Non-Surgical Facial Toning 90 minutes **£85**
Course of 5 **£385**
Course of 10 **£765**

This facial combines the CACI Signature Non-Surgical Facial Toning with the CACI Ultimate Rejuvenation treatment. Microcurrent impulses will lift and tone your face and neck muscles. Your skin is exfoliated with crystal free microdermabrasion and LED light therapy to promote a clearer complexion. CACI's Wrinkle Comb is used to target fine lines and wrinkles. Finished with a hydro mask to hydrate and firm

CACI Skin Calm 30 minutes **£40**
Targets skin prone to breakouts and irritation. This treatment uses LED light therapy that is renowned for its anti-bacterial and anti-inflammatory healing properties, combined with a gel mask to soothe, calm, reduce redness, and rehydrate your skin.

CACI FACIALS

NON-SURGICAL FACIAL TONING EXPRESS TREATMENTS

Express treatments can be performed as either stand alone or as add Ons to any of our other treatments.

CACI Wrinkle Revolution

15 minutes **£25**

As a 10-minute addition to any facial **£15**

CACI's unique Wrinkle Comb targets deep lines and wrinkles, such as crow's feet and laughter lines. This treatment is a non-invasive, needle free alternative to dermal fillers that will instantly plump fine lines and wrinkles from the very first treatment.

CACI Jowl Lift

15 minutes **£25**

as a 10-minute addition to any facial **£15** | Course of 10 **£200**

Target muscle laxity around the jawline, redefining facial contours to give a firmer, more toned appearance. Ideal for women wanting to improve the appearance of sagging jowls and for men who desire a more chiselled jawline.

CACI Lip Booster

15 minutes **£25**

As a 10 minute addition to any Caci facial **£15**

Enhance your pout with CACI's Wrinkle Comb. Designed to give you fuller, plumper lips and soften top lip lines, this quick fix treatment will have your pout party ready in no time.

CACI Hydro firm mask

30 minutes **£35**

As a 15 min addition to any CACI facial **£22** | Course of 10 **£295**

This treatment is designed to deeply nourish, hydrate and firm the skin. Facial rollers emitting microcurrent impulses are gently massaged over a hydrating gel mask to provide immediate and intensive hydration, Ideal for the treatment of dehydrated or sun damaged skin.

CACI Eye Revive

(30 minutes) **£35**

As an addition to any CACI facial **£22** | Course of 10 **£295**

Lift and firm muscles around your eye area, particularly where you may tend to lose definition as you age and develop 'hooded eye lids'. This treatment uses serum filled microcurrent rollers together with the soothing and calming Eye Revive Mask to reduce puffiness, dark circles, and soften the appearance of fine lines and wrinkles round your eyes.

COSMETIC PEELS

Please book a complimentary consultation two weeks prior to your first treatment during which you will be advised on the most suitable peel and preparation product. Depending on your lifestyle and skin type, weekly peels over four-six weeks will maximise results

Enzyme Peel

Upto 30 mins - **£40**

All natural non chemical skin peel with anti inflammatory and healing.

Glycolic Peel

up to 30 min - **£40**

Ideal for mild sun damaged/ problem or normal skin in need of a deep cleanse

AHA Peel 30%

up to 20 min - **£40**

Provides correction and balance, hydrates, and evens appearance.

Bio C

upto 30 min - **£45**

Indicated in the first stages of ageing for dull skin or uneven colour a minimal down time peel with optimum results and collagen support if you are needing to look your best with a beautiful glow then this is your peel

Superceutical Q+SOD

30 min - **£45**

Exfoliates, plumps and volumizes the skin leaving it radiant and visibly smoother.

Lightening Vit A

time dependent - **£45-65**

For a more moderate age spots/hyperpigmentation or inflammatory acne. A fabulous anti ageing peel

AKN

time dependent - **£65**

For acne prone skin it regulate the activity of the sebaceous glands, control bacterial proliferation and prevent breakouts.

Power Boost Your Peel

Extra - **£10**

By adding Peel Pads or Hydrofill Mask to enhance results

COSMETIC PEELS

Redness & Rosacea

£65

Reduces thread veins and inflammation providing a smoother more even complexion.

Xero Skin

£65

For dry skin, restores deep down moisture levels making the skin healthier more elastic and radiant.

Mandelage

£65

Skin stimulating and balancing treatment for mild photo ageing and inflammatory acne with firming, brightening and anti ageing results

With the next few peels you may experience shedding although down time is not severe and amazing results are visible after just one treatment.

Skin Recovery

upto 30 min - **£65**

A skin imperfection treatment. Regulates oily skin, improves red stretch marks and treats folliculitis barbe and comedogenic acne

MCA

£85

Improves the skins elastin, helping to smooth out lines and imperfection as well as sun damage, this peel gives amazing value for money.

Me Line

£150

For moderate to severe photo ageing, hyper-pigmentation and melasma, with clinical backing this peel dramatically improves uneven skin tone, with the added benefit of skin rejuvenation.

TC Age

£150

Treatment of more moderate wrinkles, skin damage, acne scaring and atrophic stretch marks.

P by P

from **£35**

For individual treatment of age spots, bar code and dry skin crusts

MESO PRP MICRO NEEDLING AND TOUCH SKIN

Micro-needling professionally performed at the correct depth will stimulate your own collagen and elastin production, tailor-made treatments plus meso therapy ingredients such as polynucleotides, hyaluronic or your own plasma optimise results.

Shown to be an effective treatment for –

- Skin rejuvenation improves tightness, lines, texture and epidermal pigmentation.
- Acne or trauma scars and stretch marks
- Hair loss

Eyes or small area **£150**

Head, face neck or chest **£250**

Body or multiple areas **£350**

Course of three **£400**

Course of three **£650**

Course of three **£750**

TOUCH SKIN

Controlled plasma for pinpoint precision, removes excess surface skin in a safe and effective way without damage to surrounding tissue, minimal downtime with viable results after just one treatment.

Eye lift

£290 per area

Under eye tightening, wrinkle reduction and skin tightening

Pigment Spots

£75

Acne scarring milia and skin tag removal from

ALL ABOUT THE EYES

Vital Eyes	30 min - £35
Soothing ritual for the eye and lip area or as an addition to any facial	15 min - £15
Caci Eye Lift and Revive	30 min - £35
Helps to drain away puffiness, dark circles and plump out fine lines	
Ultimate Eye Peel	upto 20 min - £45
Smooths crows feet, wrinkles and tightens the eyelid	
Matrix Meso Therapy	upto 45 min - £150
Micro injections to achieve maximum hydration and quality of tissue. The results are decreased depth of fine lines and wrinkles	
Teosyal Redensity	£350
A mesotherapy and hyaluronic combination designed to nourish the skin from within and restore density with a lightening and brightening result	

PERFECT FLUTTER

A patch test will be required 24 hrs before your first tint or LVL treatment.

Eyelash Tint, Eye Brow Tint or Trim or Wax	Each - £10
Highly Defined Brows	£25
Create the ultimate in stunning brows	
LVL	60 min - £45
The false lash effect created by your own lashes lasts up to 3 months	
Lavish Lash Extensions	90 min - £65
Individual silk lashes, lasting 4-6 wks	
Lavish Lash maintenance	60 min - £35
To maintain the full lash effect every 1-2 weeks	
Party Lash	Strip - £25
Stunning lashes that last up to 1 week	Clump - £35

DERMAL FILLERS

Dermal fillers can provide you with a fresher more youthful look, smoothing out lines and restoring natural contours. The fillers we use are formed from a naturally occurring substance and are extremely safe to use plus with the advanced cannula technique and anaesthetics, discomfort and bruising are fast becoming a thing of the past

The treatments takes around 30 minutes and will have an instant result that will last between 6-18 months dependant on product choice and skin type

This treatment can be used to correct:

- Thin or lined lips
- Forehead or frown furrows
- Puffy eyes or dark circles tear through
- Jawline and chin enhancement
- Nose to mouth lines
- Down turned smile
- Sunken cheeks
- Aged hands

Dermal fillers are charged per syringe and prices will vary on amount used and product choice

**An average spend is from
Liquid face lift with fillers**

**£150-£350
£750**

SKIN BOOSTERS

Award winning skin re-modelling with visible results in just 2 treatments. A revolutionary concept of returning a youthful, fresh complexion to smooth out wrinkles rather than filling them. It effectively stimulates your natural collagen and elastane production to renew your skin from within

per treatment **£250**

BOTULINUM INJECTIONS

Butterflies Aesthetics offers the very best of both worlds, with a doctor prescribing and the expertise and skill of an aesthetician administering

Used to smooth out negative expression lines, such as frown, forehead lines, crow's feet and bunny lines. Our aim is a natural look that softens lines not creating an expressionless or frozen face

1 Area	£150
2 Areas	£200
3 Areas	£250

Liquid face lift/Nefertiti neck lift from **£350**

These injections can also be used to lift and sculpt the brow, jaw line and neck; combined with dermal fillers and other specialised treatments you can achieve exceptional results

Excessive sweating **£450**

A quick, safe and painless way to reduce sweating with noticeable results within 2 weeks and lasting up to 18 months

PDO THREADS

Relax muscles while stimulating the production of new collagen, elastin and hyaluronic resulting in a very effective non surgical way of lifting and tightening the skin of the face neck and jaw whilst reducing wrinkles

Small Area lip line, frown, crows feet **£150**

One treatment area, cheek lift, jaw, lips, marionette, depressor or smile lines **£250**

Half face **£450**

Neck and Jowls **£650**

PERMANENT COSMETICS

Using pharmaceutical grade pigments that are placed into the dermal layer of the skin, the process can be used to enhance or correct your natural features or to create the look of perfectly applied make up. Permanent cosmetics are suitable for anyone who wants to look their best at all times, anywhere!

Hairstroke brows	£395	Eye Enhancement/Liner	£250-£450
Lip Enhancement	£395-£450	Beauty Mark	£75

All prices include one retouch procedure within 3 months of initial treatment

Colour Boost/Maintenance (Recommended every 12-18months)	£200
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BEAUTIFULLY MADE

A light natural make up application if you are needing that finishing touch. **£50**

TEETH WHITENING

Professional Laser Teeth Whitening	£125
Teeth Whitening Home Kit	£89

MEDICAL GRADE IPL LASER

Patch test	£35
Permanent hair reduction	from £44
Visible results within 3 treatments, course of 6 recommended, suitable for both face and body	
Red vein removal	from £50
A solution to face and body thread veins, redness, flushing, rosacea and red spots	
Skin rejuvenation	from £100
For treatments of brown spots (pigmentation) and uneven skin texture. Stimulation of collagen and elastin make the skin firmer and more radiant with enlarged pores and fine lines reduced	
Active acne	from £95
Reduces the number and severity of lesions, inflammation and break outs	

FLUFF CONTROL

Organic tea tree crème wax and specialist intimate wax help to prevent ingrowing hairs and reduces redness

Lip or Chin	£9	Bikini	£16
Half Leg	£18	Brazilian	£25-£30
Full Leg	£30	Hollywood	£30-£35
Forearm	£15	Full Leg and Bikini	£40
Underarm	£12	Threading	£18
Men's Neck	£12	Men's Nasal	£10
Electrolysis	from £25	Men's Chest or Back	£35
For hair and tag removal			

SPA & HOLISTICS

Reflexology	30 min - £35
Pressure points upon the feet help the body to restore a healthy balance	
Tranquillity Scalp/Indian Head	30 min - £35
A truly blissful treatment helping to release tension	
Hopi Ear Candles	30 min - £35
A natural alternative to congested ear syringing	
Reiki	60 min - £45
A ancient Japanese technique for stress reduction and deep relaxation	
Polished to perfection	45 mins £45
Invigorating full body buff and nourishing moisture massage	
Skin Nourishing Wrap	60 min - £50
This opulent therapy is excellent for skin smoothing and softening	

SPECIALIST MASSAGES

30 mins **£40** | 70 mins **£70**

Serenity Hydrating, Nourishing, Sedating and Calming.

Vitality Stimulating, Invigorating, Rejuvenates, and uplifts mood and spirit.

Recovery/Theradeep Eases fatigue and pain and accelerates muscular recovery. often used alongside deep tissue and pressure point massage.

Lava Shell or Hot Stone Massage using heat to relax the muscles and melt away tension.

Nurturing Mother To Be Relax as these safe and effective treatments adapt to your changing needs.

SLIMMING & TONING

Shrinking violet body Wraps

Inch measured fat loss with clinical backing

per treatment **£55**
course of 3 **£150**
course of 6 **£270**

Hot Stone Colon Detox

A natural alternative to colon cleansing

30 min - **£40**

Caci ECM

Bum lifting and Cellulited reduction

per 20 min treatment **£35**
course of 10 **£299**

Aroma Spa Wraps

Targeted treatments to detoxify cellulite or ease aching muscles

60 min - **£60**

BLOOD CHECKS

Private Blood Checks with Medi Check

from **£39-£299**

We offer a wide range of blood tests including but not limited to thyroid, hormone, health screen, allergy, nutrition, energy and weight loss. Please book your free consultation to discuss this further

PALMS

File and Polish	20 min - £18
Manicure	40 min - £25
French Polish	extra - £4
Anti Ageing Hand Peel	20 min - £40
Luxury Manicure	60 min - £32
Bio Sculpture Gel Nails	
No damage to the natural nail. Available in a wide range of colours	
Nail Extensions	£50
Gel Overlays/Polish Hands or Toes	£30
Gel Overlays French or with Art	£35
Nail Repair	£5
Soak Off before overlays	£10
Soak Off and Enrichment	£20

SOLES

File and Polish of the Toes	20 mins £18
Spa Pedicure	45mins £30
foot soak, cuticle work, massage, nail trim with polish (no hard skin removal)	
Mini Spa Pedicure with Gel Polish	60 mins £42
Luxury Spa Pedicure With heated boots or paraffin wax	60 mins £42
FootFiX Pedicure	30 mins £30

Focused treatment on general foot problems such as dry, hard, rough skin, cracked heels and calluses to help you on your way to healthy, happy feet. It doesn't include any cuticle work and no nail polish.

Prescriptive Footlogix Pedicure 60 mins **£42**

nail trimming and shaping, anti-microbial foot soak, exfoliating seaweed scrub, cuticle care, conditioning cuticle treatment, dry cracked heel and hard skin removal, non-greasy moisturising foot mousse, foot and lower-leg massage, and your choice of nail polish or buff.

PACKAGED PAMPERING

10 Years Younger the Makeover Plan -

Consultation

Free

Body Nourishment

90 min - **£90**

Body buff with nourishing wrap and aroma back massage

Absolute Spa Ritual

120 min - **£110**

Heavenly experience facial and aroma body deep tissue massage

Perfect Skin Package Saving up to £74

5 x Peels

1 x 1 hour Extended Peel

or upgraded peel

Plus 1 x Cleanser and Corrector

£285

Ultimate Anti Ageing and Brightening Package

Saving up to £119

5 x Anti Ageing Peels

1 x 1 hour Extended Peel

or upgrade

Plus 1 x Cleanser and Corrector

£350

Indulgent Top To Toe - 2 ½hr - £135

- Invigorating full body buff and moisture
- Instant beauty boost facial
- Aroma deep tissue back massage
- File and polish on hands and feet

PACKAGED PAMPERING

Mini Spa Day - 3hr - £165

- Body buff and hydrating wrap.
- Instant beauty boost facial
- Deep tissue body massage
- Scalp massage

Butterflies Spa Day - 5hr - £245

- Body buff and nourishing wrap
- Aroma body massage
- Manicure and pedicure
- Scalp massage
- heavenly hour facial
- Light nibbles and refreshments

Butterflies Spa Day Deluxe - 6hr - £310

- Invigorating body buff
- Bespoke body wrap
- Heavenly expert facial
- Luxury manicure
- Light lunch and refreshments
- Specialised full body massage
- Tranquillity scalp massage
- Vital eye treatment
- Luxury spa pedicure

Total Time Out *Mens top choice 2 ½hr £165

- TheraDeep muscle ease body wrap. Deep cleansing facial
- 1hr TheraDeep massage. Tranquillity Scalp massage



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